Court Grammar School

2022 INTAKE APPLICATIONS NOW OPEN

*****Closing date Friday 23 July, 2021*****

AFL & AFLW ACADEMY

Boys & Girls

Specialist AFL Year 5 - 12 programs

New and current families may apply

Scholarships are available to high performing students

Visit www.cgs.wa.edu.au for more information

At CGS we aim to find boys and girls with a passion for AFL and use this passion to help develop them into elite footballers. Via a structured progression from Primary to Secondary School, students are exposed to professional coaches, athletes and resources during school contact time to excel their learning of our great Australian game.

Junior Program: Year 5 and 6

The Skill Acquisition program is based on the principles of current literature on athlete learning:

- A massed-based approach to skill development
- Correct marking, kicking, handballing and tackling are the core themes of every session
- AFL fundamentals and technique are very hard to reteach after the age of 12
- Compete in Dockers Shield (AFL) and Dockers Cup (AFLW)

Colts Program: Year 7-9

The game sense program is based on developing traditional basics of the game and current AFL ball movement patterns:

- High quality coaches expose students to game style drills that will transfer their learning from training to competition, to ensure athletes move the ball towards goal the most efficient and effective way.
- Traditional basics of the game are drilled into students to ensure team orientated athletes are developed
- Implementation of the ever-changing game styles and ball movement used in AFL.
- Compete in Yr 7 Dockers Shield (AFL) and Dockers Cup (AFLW)
- Compete in Yr 8/9 Schoolboys Cup (AFL) and Schoolgirls Cup (AFLW)

Every athlete has the capacity to further develop their AFL abilities at all times. We use this knowledge to excel our students understanding of the game and hone in on any deficiencies they may possess.

Senior Program: Year 10-12

When the AFL/W Academy students reach Senior Secondary age, students will have the opportunity to be a part of the AFL/W Academy during a 5-period allotment. This will coincide and work in conjunction with either the Elite Sport Performance class or Physical Education Studies ATAR.

The Senior Program competes in:

Yr 10 Dockers Shield (AFL) and Dockers Cup (AFLW)
Yr 11/12 Schoolboys Cup (AFL) and Schoolgirls Cup (AFLW)

Year 10 Melbourne Tour

When the AFL/W Academy athletes reach year 10, they'll have the opportunity to be involved in the annual AFL/W Academy Melbourne tour*. The tour occurs over the extended June/July holiday period and provides students with access to the following:

- AFL club tours
- Play in competitive matches against a variety of Victorian schools
- Opportunities to listen to information provided by AFL talent recruiters and managers
- Watch live AFL matches at both major arena's (MCG and Marvell Stadium)
- Meet and greet with past and present AFL and AFL/W players

**Travel restrictions permitting*

AFL & AFLW Academy Coaches

James Bristow

- Head of AFL Academy & CGS Physical Education Learning Area Coordinator
- WAFL East Fremantle League 2013-2018, 72 games
- VFL Bendigo Bombers League 2008-2010, 30 games
- WAFL South Fremantle Colts, Forwards/Assistant Coach, 2018-present
- Level II AFL Coach

Gabrielle O'Sullivan

- AFLW Specialist
- Fremantle Docker's AFLW 2016-present
- Fremantle Docker's AFLW Leadership Group 2018-present
- WAFLW East Fremantle Premiership Player
- East Fremantle Youth Girls Head coach
- Level II AFL Coach
- SSWA State U15s Head Coach

2021 AFL/W Student Ambassadors

Bailey Artemis
Mufaro Wachekwa
Georgia Bett

Application Process

For more information regarding the Specialist AFL (boys) or AFLW (girls) Academy, please see the school website (www.cgs.wa.edu.au) and find the tab labelled "Opportunities".

Due to the unprecedented demand for places in the Academies, an Enrolment Application Form MUST be completed and returned to the School no later than the closing date outlined on our website. This form can be found on our website under the "Enrolments" tab.

Students will not be able to trial for the Academies unless they are **a currently enrolled student** or have supplied the School with all the required enrolment information.

A character reference from your child's current junior football coach/president is to be presented at the interview.

Once this form has been submitted, an acknowledgement of your interest will be corresponded back to you and your child will trial in August for possible inclusion in the Academy for the 2022 academic year.

The trial dates will be held early in Term 3. Exact details will be advised to each student once their application process has been finalised.

By applying to be part of the CGS AFL or AFLW Academy, applicants may be considered for a scholarship based on performance at the trials and an interview with the School Principal.
More information regarding this process can be found on the application form.

Enquires to aflacademy@cgs.wa.edu.au or phone 9526 5000

Above: Year 8/9 AFL Academy Team – 2019 South Fremantle District Champions
Reached the Final 4 of the WA Schoolboys Eagles Cup 2019

The CGS AFL/W Academy are proudly supported by:

WEST AUSTRALIAN FOOTBALL COMMISSION INC.

MUNDELLA YOUR PROBIOTIC COMPANY

Wormall CIVIL

BULLDOGS DISTRICT "Growing our Great Game"